

My Child, My Guide Journal

Day 1 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

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What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 3 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 4 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 5 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 6 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 7 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 8 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

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Child's Name

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Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 10 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 11 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 12 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

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Child's Name

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Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

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Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 15 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 16 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 17 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 18 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

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Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 20 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 21 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 22 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 23 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 24 / 30

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Child's Name

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Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 25 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 26 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 27 / 30

A daily journal to celebrate what makes my child unique.

Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 28 / 30

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Child's Name

Date

Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

How do they communicate without words? What sounds, textures, or sights do they love or hate?

Surprising Moments

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Communication & Sensory Cues

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Surprising Moments

What was one thing they did today that surprised or delighted you?

My Child, My Guide Journal

Day 30 / 30

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Strengths & Joys

What makes them laugh? What are their special interests? When are they at their calmest or most joyful?

Communication & Sensory Cues

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