

This roadmap helps you identify your hopes, set achievable goals, and outline the supports you need along the way. Use it as a guide to stay motivated and resilient while pursuing your vision.

## ■ My Goals

What are the hopes and goals you want to work toward?

## ■ My Motivators

Why is this goal important to you? What inspires you to keep going?

## ■ My Pathways

List the possible steps or strategies you could take to reach your goal.

## ■ My Barriers

What obstacles might get in the way? How can you prepare for them?

## ■ My Milestones

Identify small steps or markers that show progress toward your goal.

## ■ My Support & Resources

Who and what can help you? List people, services, or tools.

## ■ My Inspirations

What stories, quotes, or role models give you hope and encouragement?